

# Rural eMentoring BC

Monthly User Updates • April 2026

Welcome to ReMBC's monthly round of updates, where we bring you up to date on what's going on in the program, share useful events and opportunities, and provide some ongoing training for mentors.

## Program Updates

### New Resource: Class Requirements

Finding course expectations just got easier! You can now quickly access requirements for your own or your mentee's class directly from your MentorCity Dashboard.

Simply head to the Resources tab and look for the "Class Requirements" card.



### New Look for Select Courses

You may notice a refreshed design in the "Well-being and Self-Care" and "From Rural to Urban" courses. We're currently testing a new layout aimed at making content more intuitive and visually engaging.

- Already started or completed these courses? No problem - the content and activities remain exactly the same; only the layout and design has been updated.
- We would love your feedback! You'll see a short survey at the end of these courses, or you can reach out anytime at [e.mentoring@ubc.ca](mailto:e.mentoring@ubc.ca). Your input will help shape future updates across all courses!

### ReMBC Logo Design Contest – Calling All Indigenous Students!

Show off your creativity and cultural pride! Design a logo that represents British Columbia, learning, and Indigenous culture and traditions.

-  **Prize:** \$500 + recognition as the designer; your artwork becomes the official ReMBC logo!
-  **Submit by May 24, 2026** via email: [e.mentoringbc@ubc.ca](mailto:e.mentoringbc@ubc.ca) or mail: 5102A – 2405 Wesbrook Mall, Vancouver, BC, V6T 1Z3 (postmarked by May 17).

## Events, Opportunities & Supports

- **Medicine with Purpose: Conversations with SFU Medicine** (April 9, SFU Burnaby)
  - Curious about medicine? Connect with SFU Medicine staff and faculty at this free event to ask questions, and explore whether medicine is right for you.
  - [Learn more and reserve your spot](#)
- **Vancouver Writers Fest Youth Writing Contest**
  - Grades 5-12 are invited to share their personal essays and short stories for a chance to win cash prizes and publication. Meanwhile, the Jessamy Stursberg Prize accepts submissions from young poets all across Canada, with three cash prizes awarded in each age category.
  - [Apply for Youth Writing Contest](#)
  - [Apply for the Jessamy Stursberg Prize](#)
- **Island Health's Step Up Youth Volunteer Program**
  - This program offers Vancouver Island youth aged 15-18 an engaging and meaningful volunteer experience in their local Island Health facilities. Gain exposure to different healthcare environments and career opportunities, and hear from guest speakers. Bursary funding and scholarship credit are available to those who qualify.
  - [Learn more and apply by May 15th](#)
- **CNIB Scholarships**
  - Every year, CNIB's scholarships are awarded to people who are blind, Deafblind, or have low vision in recognition of their educational aspirations and achievements. Scholarships are awarded based on a wide range of factors, including financial need, location, community involvement, demonstrated resilience to overcoming barriers, leadership skills, ambitions, achievements, and goals.
  - [Learn more and apply by June 26](#)
- **FSC Social Impact Challenge**
  - Canadians are invited to submit bold, early-stage ideas that tackle urgent issues like housing instability, education, mental health, and discrimination. Open to people from all backgrounds, the fully virtual challenge does not require a polished pitch or business plan - just a clear understanding of the problem, relevant insight or lived experience, and an original idea. The winning idea receiving \$25,000 and will be piloted to drive real-world impact and inform policy.
  - [Submit your idea by April 26](#)

## Indigenous Opportunities

Each month we showcase learning opportunities for Indigenous and non-Indigenous mentors and mentees, and events and supports for Indigenous high school and college/university students.

- **'My Name is Charlene': Perseverance and Poise in an Era of Truth, Reconciliation, Anger & Rage** (April 14, Virtual)
  - Hear Chief Charlene Belleau share powerful insights on truth, reconciliation, and community leadership, drawing on her role in shaping the Truth and Reconciliation Commission of Canada. Gain perspective on leading change and building meaningful relationships across communities.
  - [Learn more](#)
- **Bachelor of Indigenous Land Stewardship Info Sessions** (April 14, Virtual)
  - Learn about Indigenous-led land stewardship, sustainability, and reconciliation in this online session, and hear directly from the BILS team. Ask questions and explore how this program combines Indigenous knowledge with interdisciplinary, land-based education.
  - [Learn more](#)
- **Tea and Learn: Meaningful Reconciliation** (April 23, Vancouver)
  - Join an interactive session with Dana-Lyn Mackenzie, UBC's EDI Scholar-in-Residence, to explore the Indigenous Strategic Plan and its role in advancing reconciliation and Indigenous rights. Engage in a thoughtful discussion, ask questions, and reflect on how you can contribute to meaningful change.
  - [Learn more](#)

### Education Opportunities

- **UBC's Summer Science Program** (UBC Vancouver)
  - A one-week cultural, health, and science program for Indigenous students entering Grades 9-12 in Fall 2026, designed to spark interest in post-secondary studies in health and science.
  -  Aug 2-8 for Gr 11/12, Aug 9-15 for Gr 9/10
  - [Learn more and apply](#)
  - Funding available, email: [e.mentoring@ubc.ca](mailto:e.mentoring@ubc.ca)
- **UBC Summer Science is Hiring** (UBC Vancouver)
  - The program is recruiting Camp Staff (Aug 1-15; \$3150 for 2 weeks) for this Indigenous youth program. Open to both UBC and non-UBC community members.
  - [Learn more and apply](#)
- **Vancouver Aboriginal Friendship Centre's Employment, Life Skills, and Training Centre** (Vancouver)
  - The Centre provides free support for Indigenous job seekers at interview prep, networking, and more, they can help Indigenous persons find the career they're after.
  - [Learn more](#)



### Scholarships & Funding

- [Shannen's Dream Scholarship](#) (Deadline May 31st)
- [Spirit Bear Award](#) (Deadline April 30th)
- [Education Resources Administered by BCAAFC](#)
- [List of scholarships for Indigenous students from GrantMe](#)
- [Indigenous Bursaries Search Tool \(Government of Canada\)](#)
- [Aboriginal Futures: List of scholarships and bursaries](#)
- [Scholarships from the Metis Authority](#)
- [Canadian Council for the Arts: Creating, Knowing and Sharing: the Arts and Cultures of First Nations, Inuit and Métis Peoples](#): Funding for artists and arts projects

**Resource Spotlight** - Each month we feature a resource for Indigenous students


### Indigenous Supports & Learning

This month, we're highlighting ReMBC's curated collection of resources to support Indigenous students and provide non-Indigenous allies with tools to learn, engage, and contribute to reconciliation. From wellness and career supports to educational materials on Indigenous histories and Truth and Reconciliation, these resources are designed to inform, empower, and connect.

-  **Support for Indigenous Students:** Find health and mental wellness resources, career and educational development opportunities, financial assistance for school, and admissions pathways - all tailored to empower Indigenous youth, students, and adults.
-  **Educational Resources for Everyone:** Learn about Indigenous histories, cultures, and contemporary issues, and explore Truth and Reconciliation materials to deepen understanding and foster meaningful allyship.

## Training Opportunities for Mentors






### Reminders

-  **Progress Reports!** Progress reports are shared with your mentee's teacher, so be sure to submit them **on time!** Late submissions **will not be seen**, meaning your valuable feedback **will not** reach the teacher.

### Training Feature: Tailoring Your Mentoring Style

Great mentors adapt their approach to fit each mentee's unique preferences, needs, and personality. To make this easier, mentees share how they want to be mentored which you can find in their profile.

Here's what to look for:

-  **Message Frequency:** The "Message Frequency" field tells you how often you can expect to hear from your mentee, helping you gauge when you might need to follow up.
-  **Mentoring Preferences:** Learn how they like to receive advice, what topics they want to discuss, and the tone they prefer in the "How do you like to learn, receive advice, and communicate?" profile field.
-  **Comfort with Technology, Reading, & Writing:** If a mentee indicates they are not comfortable with tech, offer a quick tutorial; if reading is challenging, use simpler language or shorter messages, or ask if they'd prefer a video message.
-  **Accessibility Needs:** If a mentee mentions an accessibility need, ask how you can accommodate them to ensure they feel supported.
-  **Other Things to Know:** Mentees can share anything else they think you should know to mentor them effectively.

By tailoring your style to each mentee, you'll build stronger connections, improve engagement, and help them thrive!

### Other Training Opportunities

- **Full list of mentoring resources:** [Mentor Training and Resources Portal](#) (login to view).
- **Peer Support Opportunity for Mentors:** Join our Mentor Mingle group - connect with fellow mentors and exchange experiences and advice. Email [e.mentoring@ubc.ca](mailto:e.mentoring@ubc.ca)

Thank you for being part of our community. Questions or ideas? Email us at [e.mentoring@ubc.ca](mailto:e.mentoring@ubc.ca)

- The eMentoring Staff ✨

## About Rural eMentoring BC

Rural eMentoring BC supports rural students' educational and career journeys. The program is delivered in partnership with **UBC and the Rural Education Action Plan**.

[Online Mentoring for High School Students](#) • [Pre-Health Students](#) • [Indigenous Students](#) • [Join our Mailing List](#)

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