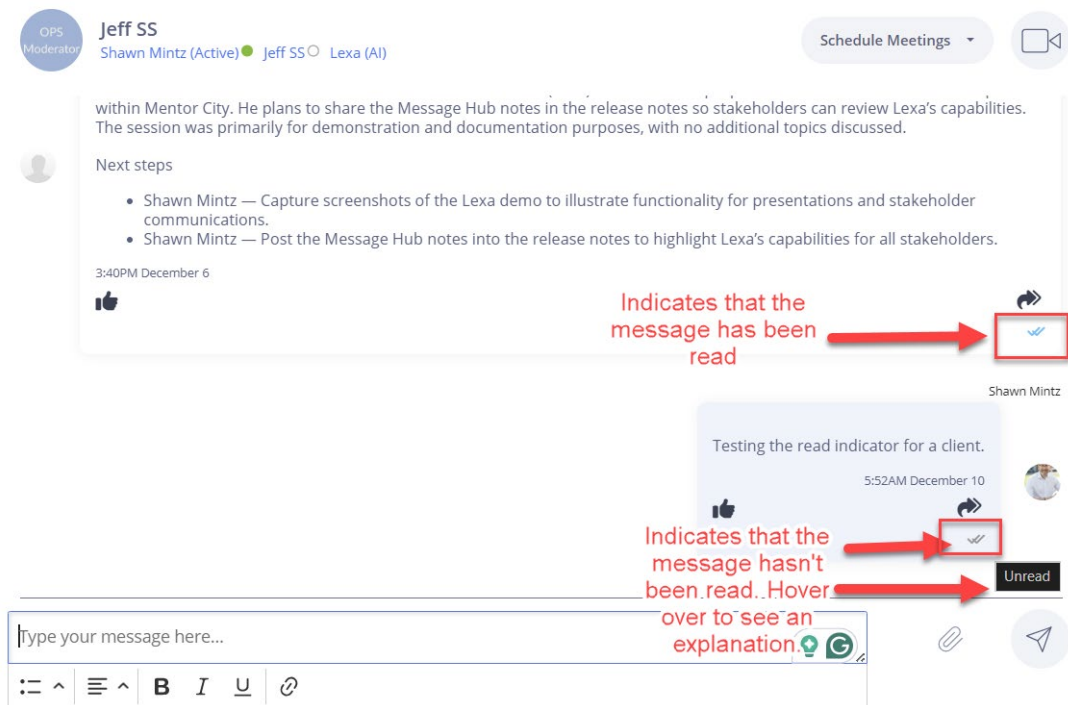


ReMBC Monthly User Updates - January 2026

Welcome to ReMBC's monthly round of updates, where we bring you up to date on what's going on in the program, share useful events and opportunities, and provide some ongoing training for mentors.

Program Updates

- **Announcement for high school mentees wrapping up eMentoring:**
 - **Stay in touch with your mentor!** Let your mentor know that you want to stay in touch, and as long as you are sending them messages on MentorCity, the eMentoring staff will keep your account active.
 - **Tell us what you think:** For most of you, your teachers will give you class time to take our survey. If not, you can take [our online survey here](#), OR email us (e.mentoring@ubc.ca) to provide feedback in a different way. **Take the survey and receive a gift card as a thank you!**
 - **Nominate your mentor for a Star Mentor Award!** This award recognizes outstanding mentors, and the winning mentors will receive a prize pack. To nominate your mentor: email e.mentoring@ubc.ca with your mentor's name and why they should win the prize by January 30 at 11:59pm.
- **New Feature on MentorCity! Read message indicator:** You can now see if your match has read your messages.
 - Blue checkmarks = your message has been read
 - Gray checkmarks = your message has not been read yet



The screenshot displays a chat window with the following elements:

- Header:** Includes the user profile for Jeff SS (Moderator) and a list of participants: Shawn Mintz (Active), Jeff SS, and Lexa (AI). There is a "Schedule Meetings" button and a video call icon.
- Message 1:** A text message from Shawn Mintz dated 3:40PM December 6. The message content discusses "within Mentor City" and "Next steps". A blue checkmark icon is visible at the bottom right of the message bubble. A red arrow points to this checkmark with the text: "Indicates that the message has been read".
- Message 2:** A text message from Shawn Mintz dated 5:52AM December 10. The message content is "Testing the read indicator for a client.". A gray checkmark icon is visible at the bottom right of the message bubble. A red arrow points to this checkmark with the text: "Indicates that the message hasn't been read..Hover over to see an explanation.". A black "Unread" badge is also present next to the message.
- Footer:** A text input field with the placeholder "Type your message here..." and a rich text editor toolbar with icons for bold, italic, underline, and link.

Rural eMentoring BC



- **Rural eMentoring BC is now on social media!** Connect with us on [Facebook](#) and [Instagram](#) (@ruralementoringbc) for updates, upcoming events, and resources to support your journey as a rural student.

Events, Opportunities and Supports

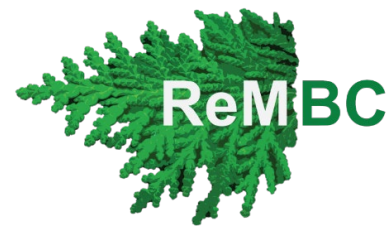
- **Free virtual event – Going Rural: Opportunities in Rural Healthcare:** ReMBC and UBC Health's annual online event for high school and undergraduate students interested in rural healthcare careers. Hear what it's like to work in different rural healthcare careers, get tips from rural students, and meet admissions representatives from health professions college and university programs.
 - **When:** January 27th, online. Choose from a series of sessions to attend, or attend the whole event. First session starts at 5pm, event concludes at 8pm.
 - Visit [our event page](#) for more details, or [register for free here](#).
- **Northern Development Internship program:** College or university students and recent grads can apply to be an intern at a local/First Nations government organization in Northern BC. [Learn more and apply](#) by Feb 15th.
- **Elizabeth Greenshields Foundation Grants for Young Artists:** Funds young artists who are pursuing their studies or are in the early stage of their career, and working in a representational style of painting, drawing, sculpture or printmaking and demonstrate the determination and talent to pursue a lifetime career in their art practice. [Learn more and apply](#) by Feb 27th.
- **BC Legislative Internship Program:** B.C. Legislative Interns gain experience in our parliamentary system and contribute directly to the work of the executive and legislative branches of government as non-partisan employees of the Legislative Assembly of British Columbia. [Learn more and apply](#) by Jan 31st.
- **UBC Okanagan Community Meal:** Join us **every Tuesday from 12 to 1:30 pm** (or until the food runs out!) for a warm, delicious, and completely free community meal. Hosted by Picnic (and sometimes partners), this program is open to all members of the UBCO community. [Learn more](#).

Indigenous Opportunities

Each month we showcase learning opportunities for Indigenous and non-Indigenous mentors and mentees, and events and supports for Indigenous high school and college/university students.

- **Indigenous Mentors and Mentees:** Get involved with ReMBC's Indigenous initiatives: We invite Indigenous mentors and mentees to help us develop our Indigenous initiatives. You will be compensated for your time and for any other expenses that will help you with this work. If you are interested in joining us, please reach out to our Indigenous Initiatives Manager, Ms. Angela Nash: angela.nash@ubc.ca
- **Get \$25 to beta test our Indigenous cultural safety training:** We are looking for Indigenous high school student mentees to review our Mentor Indigenous Cultural Safety Training. We want your input to make sure that future Indigenous mentees are properly supported by their mentors. Email e.mentoring@ubc.ca if you are interested in making your voice heard.

Rural eMentoring BC



- **First Peoples' Cultural Council's Youth Empowered Speakers Program:** Paid internships for B.C. First Nations post-secondary students, ages 18-35, who are interested in learning their language while working towards a rewarding career as a language immersion teacher, early childhood immersion educator or community language revitalization leader. [Learn more and apply](#) by Jan 13th.
- **UBC's Bachelor of Indigenous Land Stewardship program – info session,** 4-5pm January 13th April 14th online. Are you interested in honouring and valuing the knowledge and experiences of Indigenous Peoples? Would you like to learn about Indigenous-led land healing and action-oriented reconciliation? Join us for an online information session where we'll introduce you to the [Bachelor of Indigenous Land Stewardship \(BILS\)](#). Hear from the BILS team and get a chance to ask your questions. [Register for free](#).
- **Indigenous Storytelling Event:** Feb 26 4-5:30 UBC Vancouver. Are you an Indigenous student? Do you have a short video, photo, or drawing that reflects your community experiences? [Share your story here](#). Your submission may be shared at this event and featured on UBC Forestry JEDI digital platforms
- **Blooming Program:** Science, technology, engineering, arts, and math internships, mentorship, and post-graduation career opportunities for Indigenous students at AECOM. Contact blooming@aecom.com for more information, or visit their booth at [UBC's Indigenous Career Fair](#) (see below).

Career opportunities

- **UBC's Indigenous Career Fair:** Feb 4th from 3-5:30pm at the First Nations Longhouse. [Learn more](#).
- **Opportunities at BC's First Nations Health Authority:** career opportunities and training for Indigenous and non-Indigenous individuals interested in healthcare careers. [Learn more](#).

Scholarships and Funding for Indigenous Students

- [List of scholarships for Indigenous students from GrantMe](#)
- [Indigenous Bursaries Search Tool \(Government of Canada\)](#)
- [Aboriginal Futures: List of scholarships and bursaries](#)
- [Scholarships from the Metis Authority](#)
- [Canadian Council for the Arts: Creating, Knowing and Sharing: the Arts and Cultures of First Nations, Inuit and Métis Peoples](#): Funding for artists and arts projects

Resource Spotlight: Each month we feature a resource for Indigenous students. This month:

- **Indspire:** Provides funding and support for Indigenous students. Indspire supports Indigenous students in a variety of ways:
 - [Bursaries and Scholarships](#) to help pay for college or university. Next application deadline is Feb 1st!
 - [Rivers to Success](#): Grow your network! Connect with Indigenous Elders, Indigenous mentors, Laureates, and Building Brighter Futures alumni.
 - [Soaring: Indigenous Youth Empowerment Gathering](#): Learn about career and post-secondary education options by participating in interesting, informative, and engaging workshops. Attend virtually!
 - [Words of Encouragement](#): Messages of encouragement to keep your spirits high during challenging times.

Training opportunities for mentors

Reminders:

- For those of you with mentees who are wrapping up, or who have already wrapped up:
 - If you haven't already, please read our [guide for wrapping up](#).
 - **IMPORTANT:** If your mentoring match is ending this term (or has already ended) you will **you will be automatically entered into our available mentor pool again**.
 - Notify us ASAP if you are **NOT** able to continue next term (Feb-June 30th).
 - **No action is needed if you want to continue.** Unless we hear otherwise from you, we will assume you are willing and able to be a mentor next term. Please be patient while you are awaiting a new match.
 - *Note: don't be alarmed, ended relationships will not show as complete on MentorCity, but the staff keeps records of which relationships are complete and which mentors are available to be matched.

Training Feature: Each month we feature resources on a different mentoring theme to help mentors perfect their practice and better support their mentees.

- **This month's feature – New Indigenous cultural safety training: Learn how to better support your Indigenous mentees.** We recently developed an updated version of our mentor Indigenous cultural safety training, with more focus on developing mentoring relationships with Indigenous mentees.
 - [Check out the training here](#).
 - Please note, the training is still in beta testing mode, so please let us know what you think! Take the survey linked in the training, or contact us (e.mentoring@ubc.ca) to provide feedback in a different way. **The first 10 people to take the survey will receive a \$25 gift card to their school's bookstore.**

Other training opportunities:

- **Full list of mentoring resources:** [Mentor Training and Resources Portal](#) (login to view).
- **Peer-support opportunity for mentors:** Join our Mentor Mingle group - connect with fellow mentors and exchange experiences and advice. Email: e.mentoring@ubc.ca

Have an area you need support in? Let us know and we will feature it in an upcoming newsletter (or at least we will help you out individually): e.mentoring@ubc.ca

Thanks for reading the newsletter. For any questions or concerns, please reach out to us at e.mentoring@ubc.ca

Happy mentoring everyone!

The eMentoring Staff

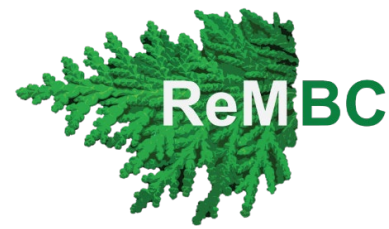
About Rural eMentoring BC

We support rural students' educational and career journeys!

[Rural eMentoring BC](#) is an initiative of the [Rural Education Action Plan](#), and was created through a partnership between the Rural Education Action Plan and the University of British Columbia. Our programs:

- [Online mentoring for high school students](#)

Rural eMentoring BC



- [Online mentoring for pre-health students](#)
- [Mentoring opportunities for Indigenous students](#)
- [Join our mailing list](#) to get a quarterly roundup of scholarship, career, and educational opportunities for rural students delivered right to your inbox!

Connect with us on [Facebook](#) and [Instagram](#) (@ruralementoringbc) for updates, upcoming events, and resources to support your journey as a rural student.