

## ReMBC Monthly Newsletter- June 2025

Welcome to the final installment of ReMBC's monthly round of updates for the 2024-2025 school year! Check out this last-minute program info, along with a roundup of events and opportunities happening over the summer.

**In this newsletter** (click to navigate to each item)

[Program Updates](#)

[Events and Opportunities](#)

[Indigenous Opportunities](#)

[To our mentors](#)

### Program Updates

- **Stay in touch with your mentor:** Feel free to keep working with your mentor over the summer! If you were participating as part of a class and would like to stay connected with your mentor, please send us an email: [e.mentoring@ubc.ca](mailto:e.mentoring@ubc.ca)
- **If you choose to finish the program:** don't forget to say goodbye and thank you.
  - [Our wrapping up unit](#) can help you reflect on the work you've done together.
  - We'd love to hear your feedback, please [Take our survey](#) and tell us what you think. (Mentors, we will send you a separate survey).
- **Resources for rural students:** [Subscribe to our newsletter](#) to get articles, opportunities, resources and supports all specifically geared towards rural students like you!
- **Nominate your mentor for the Star Mentor Award!** This award recognizes one outstanding mentor for their dedication and mentoring skills. If your mentor was awesome, please email us at [e.mentoring@ubc.ca](mailto:e.mentoring@ubc.ca) to tell us what they did so well and why they deserve to win. This year's winning mentor will receive a \$100 gift card to their school's bookstore.

### Events and Opportunities

- **Spend a week at UBC Okanagan learning about healthcare careers:** [The D'HoPE program](#) is a free one-week healthcare careers program at UBC Okanagan for high school or undergraduate students who identify as first-generation university students, Disabled, Indigenous, Black and people of colour, economically disadvantaged, or 2SLGBTQIA+.
  - [Apply by June 10th.](#)
  - Reach out to ReMBC for travel and accommodation funding opportunities: [e.mentoring@ubc.ca](mailto:e.mentoring@ubc.ca).
- **Interested in healthcare careers?**
  - [Graduating? Join our ReMBC's Rural pre-health mentoring program:](#) get mentored by a student in the health professions program of your choice.
  - [Subscribe to our newsletter:](#) Receive our bi-monthly newsletter with opportunities, resources, information and events for rural students.

## Volunteer with your local Health Authority

- **Interior Health:** Available for high school students, undergraduates and grads can in the Central, North and South Okanagan regions, as well as Kootenay and Thompson Cariboo Shuswap areas.
  - **Volunteer** in a community care, hospital, long-term care, public health, or substance use services setting. [Learn more](#)
  - **Career exploration (job shadow):** Observe and learn about healthcare career paths, experience healthcare settings and receive supportive mentorship from Interior Health teams. [Learn more](#)
- **Northern Health:** Volunteers of any age are accepted! Volunteer in community care, hospital, long-term care, public health, or substance use services setting. [Learn more](#)
- **Island Health**
  - **[Step-Up Youth Program: Ages 15-18.](#)** Volunteer at a hospital or long-term care home. Attend weekly shifts and participate in monthly Guest Speaker Series.
  - **Volunteer programs (vary by location): Ages 18+.** Volunteer in Long Term Care Homes, Acute Care Hospitals, Public Health Units and other unique sites such as Queen Alexandra Centre for Children's Health. [Learn more](#)

## Pride Month

June is Pride Month, when we celebrate and support the 2SLGBTQIA+ community!

- [Pride Resources from UBC:](#) 2SLGBTQIA+ resources and supports at UBC, community events, and resources and articles of interest.
- [Queer History from Queer Events:](#) The history of Canadian Pride.
- [What's on Queer BC:](#) List and links to Pride festivals and celebrations across BC.

## Indigenous Opportunities

Each month we showcase learning opportunities for Indigenous and non-Indigenous mentors and mentees, and events and supports for Indigenous high school and college/university students.

- **Volunteer and Paid Positions with UBC's Summer Science Program:** [UBC's Summer Science Program](#) is hiring 8 camp staff ([Counsellor](#), [Dorm Coordinator](#), [Land and Food Coordinator](#), [Recreation Coordinator](#)) and 10 [Volunteers](#). Apply on [CareersOnline](#) by June 6th.
- **Indigenous Mentors and Mentees:** Get involved with ReMBC's Indigenous initiatives: We invite Indigenous mentors and mentees to help us develop our Indigenous initiatives. You will be compensated for your time and for any other expenses that will help you with this work. If you are interested in joining us, please reach out to our Indigenous Initiatives Manager, Ms. Angela Nash: [angela.nash@ubc.ca](mailto:angela.nash@ubc.ca)

## Scholarships and Funding

- **Indspire:** Scholarships and Bursaries for Indigenous high school and post-secondary students. [Learn more and apply by August 1st](#)
- [List of scholarships for Indigenous students from GrantMe](#)
- [Indigenous Bursaries Search Tool \(Government of Canada\)](#)
- [Scholarships from the Metis Authority](#)

# Rural eMentoring BC



- [Canadian Council for the Arts: Creating, Knowing and Sharing: the Arts and Cultures of First Nations, Inuit and Métis Peoples](#): Funding for artists and arts projects

**June is National Indigenous History Month:** This is the time to honour the cultures, traditions, stories, achievements and resilience of Indigenous Peoples. The summer solstice (June 21) is National Indigenous Peoples' Day. As the longest day of the year, the solstice has been celebrated within Indigenous communities for generations. The month encourages people to learn about, appreciate and acknowledge the rich history, heritage, resilience, contributions and diversity of First Nations, Inuit and Métis Peoples across the country.

- **Government of Canada:**
  - [Learn about National Indigenous History Month](#)
  - [Reconciliation learning resources, learn about Indigenous histories, cultures and experiences](#)
  - [National Indigenous Peoples Day](#).
- [Events from Indigenous Tourism BC](#): List of National Indigenous History Month events across BC.
- [Powwows in BC](#): List of upcoming Powwow events in BC.

**Resource Spotlight:** Since this is the last spotlight of the school year, we are showcasing a bunch of wonderful resources – think of it as a summer reading list!

- [Truth and Reconciliation Commission of Canada: Calls to Action](#)
- [United Nations Declaration on the Rights of Indigenous Peoples](#)
- [Coalition for the Human Rights of Indigenous Peoples: resources](#)
- [National Inquiry into Missing and Murdered Indigenous Women and Girls Final Report](#)
- [Royal Commission on Aboriginal Peoples report](#)
- [Columbia University's Indigenous Peoples' Rights course on edX](#)
- [Article: 5 Arts courses you can take to learn about Indigenous history and culture \(UBC\)](#)
- [Article: Supporting the International Decade of Indigenous Languages](#)

## To our mentors

- **Thanks for another great year of eMentoring!** YOU are what make this program so special, and all the mentees, their teachers and us at the eMentoring staff can't thank you enough for all the time and effort you dedicate to this program. We hope you know that all the messages you send late at night, in between exams, during your lunch break, and in your other spare moments pay off. We hope you've learned something as well!
- **If you would like to return as a mentor next year:**
  - **Look for an email from us in September with instructions for how to return.** Until then, no further action is required.
  - **Please note: we will deactivate all mentor accounts over the summer** (you will be notified prior to account deactivation) **UNLESS** you are actively working with a mentee.

For any questions or concerns, please reach out to us at [e.mentoring@ubc.ca](mailto:e.mentoring@ubc.ca)

Thanks everyone for a wonderful year!

Juliet, Parvaneh and Angela – the eMentoring Team