

ReMBC Monthly Newsletter- May 2024

Welcome to ReMBC's monthly round of updates, where we bring you up to date on what's going on in the program, share exciting events and opportunities, and provide some ongoing training for mentors.

Program Updates:

- Try out our new user interface and win \$50! [Watch the video](#) or [read the tutorial](#) to learn how.

Events and Opportunities:

- **[Diversifying Health Professions Education \(D'HoPe\) Summer Program](#)**: A one-week healthcare careers program for high school or undergraduate students who and identify as first-generation university students, Disabled, Indigenous, Black and people of colour, economically disadvantaged, or 2SLGBTQIAP+. **Apply by May 19th.**
 - July 29th-August 2nd at the University of Northern British Columbia (Prince George): You must be 18+ to participate. The program will pay for your travel and lodging (if needed). Some additional stipends are available.
 - August 12-16th at the University of British Columbia (Vancouver): You must be 15+ to participate. If you are accepted and need financial assistance for travel and lodging, please contact e.mentoring@ubc.ca
- **High school students - Get \$100 to show off your town**: Make a short video, photo journal, or anything else you can think of to show off your town - and we will pay you \$100! We will share what you make with next year's mentors as part of their training. Contact us for more details: e.mentoring@ubc.ca
- **Opportunities from the Canadian Youth Road Safety Council**:
 - Free event on May 14th at 1pm (PST): [For Young Drivers, By Young Drivers: A conversation about youth engagement in road safety in Canada](#)
 - May 14th at 2pm (PST): [Youth Road Safety Design Jam](#): receive a \$50 honorarium to participate in a collaborative, interactive activity on road safety issues in your community. Space is limited, so [register now](#).
- **[The Indigenous and Black Engineering and Technology Momentum Fellowship](#)**: 4 years of financial support for Black or Indigenous students entering an Engineering PhD program at UBC.
- **[Order of the White Rose](#)**: a scholarship for women students who wish to enroll in graduate studies in engineering.
- **We want your advice and tips for choosing a school and applying to school, specifically for rural students!** ReMBC is putting together a guide for rural students applying to college or university, and we need your help. Mentors from rural background and mentees who have been accepted into college or university: please email your tips and tricks to e.mentoring@ubc.ca – thanks!!!

Indigenous Opportunities

Each month we showcase learning opportunities for Indigenous and non-Indigenous mentors and mentees, and events and supports for Indigenous high school and college/university students.

- **[Kairos Blanket Exercise – May 15th UBC Farm](#)**: join in a Blanket Exercise that walks you through the experiences of Indigenous peoples from the time of contact to the present day.
- **[Moose Hide Campaign – May 16th Kaiser Atrium UBC](#)**: visit the Moose Hide informational table to learn about joining in solidarity to take a stand against violence towards women and children while taking practical steps in our collective journey towards reconciliation.
- **Indigenous Mentors and Mentees**: Get involved with ReMBC's Indigenous initiatives: We invite Indigenous mentors and mentees to help us develop our Indigenous initiatives. You will be compensated for your time and for any other expenses that will help you with this work. If you are interested in joining us, please reach out to our Indigenous Initiatives Manager, Ms. Angela Nash: angela.nash@ubc.ca
- **Resource Spotlight**: Each month we feature a resource for Indigenous students. Up this month:
 - **[Grounding Anti-Oppression Course at UBC](#)**: This FREE course empowers participants to cultivate a robust understanding of anti-oppression principles and strategies, and facilitates critical reflections on personal roles and experiences within systems of power and oppression. *If you are not a UBC student, but wish to enroll, please contact e.mentoring@ubc.ca*

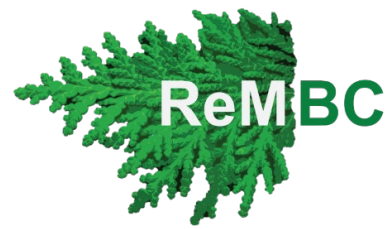
Training opportunities for mentors:

- **Reminder – Progress reports**: did you know that the teachers are reading your progress reports and reporting all the nice things you are saying to their students? Reportedly, the students LOVE hearing what you have to say about them, and it helps keep them motivated. So please fill out your progress reports, especially the comments section, ON TIME. If you submit it after the due date, the teacher won't see it!

Each month we'll feature resources on a different mentoring theme to help mentors perfect their practice and better support their mentees.

- **This month's feature – More on unresponsive mentees**
 - You are freaking out because your mentee has barely started the program, and they only have a month left to go! Here are some tips to help you relax and put your mind at ease. [Mentor Quick Tips: What to know about unresponsive mentees](#)
- **Find our full list of mentoring resources** in your [Mentor Training and Resources Portal](#) on MentorCity (login to view).
- **Have an area you need support in?** Let us know and we will feature it in an upcoming newsletter (or at least we will help you out individually): e.mentoring@ubc.ca
- **Peer-support opportunities for mentors**:
 - Email us to join our Mentor Mingle group - connect with fellow mentors and exchange experiences and advice: e.mentoring@ubc.ca

Rural eMentoring BC



- Seek and offer guidance to your fellow mentors on our Mentor Advice Forum Google doc

Thanks for reading the newsletter. For any questions or concerns, please reach out to us at e.mentoring@ubc.ca

Happy mentoring everyone!

The eMentoring Staff