

Dear friends of ReMBC,

We are wrapping up another school year of eMentoring, so we want to take a moment to express our gratitude, summarize this year's achievements, and share our plans for the future.

## Thank you, mentors!

First and foremost, please join us in recognizing the mentors who have dedicated multiple years in service to the program. We are truly grateful to these mentors for volunteering their time with us year after year.

### 2 years of mentoring:

Madeline D, Shaun T, Eashan H, Anjali G, Mehak K, Amy T, Rhianna P, Yiming Z, Annie Z, Faith P, Vanessa D, Lisa Z, Ryan V, Sakura D, Estelle B, Micheline M, Syed H, Rayyan Z, Karissa S, Christine C, Ahmad J, Philip H, Julia W, Alex C, Ava R, Gurleen J, Dre L, Supreet H, Tommy C, Alwalid D, Renee Y, Megan M, Jasleen B, Hailey P, Navkiran T, Sarah C, Gurkirat G

### 3 years of mentoring:

Isabella K, Michelle A, Jocey T, Brookelyn K, Jham C, Rachel G, Rachel L, Austin C, Ajay G, Eric L, Mary Z, Challen G

### 4+ years of mentoring:

Aziz G (4 years), Katie N (4 years), Zaraah R (4 years), Evan J (4 years), Melissa B (4 years), Alice Y (4 years), Brett G (4 years), Katie D (4 years)

A heartfelt thank you to all of you!

## ReMBC - A Year in Summary

### Program Funding:

We are happy to share that after initially being funded as a 5-year project, ReMBC has received ongoing funding from the Joint Standing Committee on Rural Issues. Thank you to all who have supported us over the years – now we can continue to offer the program for years to come!

### Participant Numbers:

This year, **288 rural students from 19 schools** participated in our one-on-one mentoring program. We also reached the **1000 participant mark** – with a total of **1053 rural students** having participated since the program began in 2016! We also hosted **8 virtual visits for around 50 students total**.

We also welcomed **125 mentors** this year, **61** of whom were new to the program.

Thanks to everyone who joined us this year!

## Program Outcomes:

This year we completed an impact evaluation for the first 5 years of the program. We are proud to say that the results of this evaluation provide empirical proof of the program's efficacy in supporting rural students in various aspects of their transition out of high school, including career exploration, pathways to post-secondary education and much more. [Read the summary report available here.](#)

## Events:

This was our first year hosting virtual events! We are excited to make these events part of our regular offerings in the future.

### ReMBC Presents: So you want to apply for post-secondary?

Date: November 2022

Description: Rural high school students learned all about applying to post-secondary programs from 15 of our mentor panelists, and met with admissions representatives from 10 programs.

### Rural Healthcare Career Event

Date: April 2023

Description: Rural high school students and post-secondary students learned from rural health science students and professionals about rural healthcare careers.

### Meet your mentor events

Dates: January and March 2023

Description: Mentors and mentees finally had the opportunity to meet face-to-face in our virtual space on Gather.town. We played games, chatted and had a great time!

## Knowledge Translation:

We presented about the program at the following events:

- **Toward Unity for Health Conference:** poster presentation - August
- **BC School Counsellors Association:** Workshop - October
- **BC Career Education Society:** Workshop - November
- **BC Rural Health Research Exchange:** presentation – November
- **Rural Health conference:** poster - June

We also had a research article about ReMBC's impacts on rural youths' career choices accepted into the peer-reviewed journal Rural and Remote Health. Look for our article coming soon: [https://www.rrh.org.au/journal/early\\_abstract/8216](https://www.rrh.org.au/journal/early_abstract/8216)

Finally, we sent two mentor ambassadors on the [Healthcare Travelling Roadshow](#). Read about [James' experiences](#) on the Haida Gwaii trip and [Caeleigh's time](#) on the Thompson trip.

## The Future

We are excited to share our plans for the future and request your valuable feedback on some of the changes we have in store.

### Revamping Program Delivery on MentorCity:

With the help of two UBC teacher candidates, we will be working to make the program's interface on MentorCity more user-friendly. We would love your feedback on our mock-up module. To access the mock-up module:

1. Login our demo account on MentorCity
  - Visit: [MentorCity.com](https://MentorCity.com)
  - Login email: [ruralmentee@mentorcity.com](mailto:ruralmentee@mentorcity.com)
  - Password: ruralementoring2019
2. Navigate to the curriculum (under "connections" click on "ReMBC").
3. Click on "General Discussion" on the navigation wheel and you will find the mock-up.

### Accessibility Improvements:

We are also committing to ensuring our program is accessible to all. We are incorporating resources on text-to-speech, speech-to-text, captioning, alt text, translators and much more!

### Indigenous Engagement:

We are thrilled to share that we are hiring back previous program coordinator and manager Ms. Angela Nash, who will be overseeing Indigenous outreach and programming in the future! Welcome back Angela!

### Students, mentors and teachers: we need your feedback!

We value your feedback and invite you to take our anonymous survey:

- [Survey for mentors and mentees available here](#)
- [Survey for teachers available here](#)
- Or reach out to us at [e.mentoring@ubc.ca](mailto:e.mentoring@ubc.ca)

## Thank you for being a part of ReMBC this year!

Sincerely,

The eMentoring Team – Juliet and Parvaneh

### Stay in touch with us!

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