

ReMBC Monthly Newsletter- Nov 2023

Welcome to ReMBC's monthly round of updates, where we bring you up to date on what is going on in the program, share exciting events and opportunities, and provide some ongoing training for mentors.

Program Updates:

- **MentorCity tip:** Don't see your message or attachment? Refresh the page! If you are still having problems, let us know at e.mentoring@ubc.ca
- **New: Equity, Diversity, Inclusion and Indigeneity resources portal:** Now you can find equity, diversity, inclusion and Indigeneity learning resources, opportunities, initiatives and support under the "Need Help" section of every page on MentorCity. Access the portal [here](#) (must be logged into MentorCity)
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Events and Opportunities:

- **High school students - Get \$100 to show off your town:** Make a short video, photo journal, or anything else you can think of to show off your town - and we will pay you \$100! We will share what you make with next year's mentors as part of their training. Contact us for more details: e.mentoring@ubc.ca
- **Rural Medicine Conference Sponsorship Opportunities:** The [Rural Education Action Plan](#) (REAP) provides sponsorship to UBC medical students and residents to attend [SRPC's Rural & Remote Medicine Conference](#) and/or [RCCbc's Rural Health Conference](#). Apply here by January 31st 2024: www.reapbc.ca/conference – select "Rural Conferences and Events Sponsorship" once you've logged in to the application platform.
- **Indigenous Mentors and Mentees: Get involved with ReMBC's Indigenous initiatives:** We invite Indigenous mentors and mentees to help us develop our Indigenous initiatives. You will be compensated for your time and for any other expenses that will help you with this work. If you are interested in joining us, please reach out to our Indigenous Initiatives Manager, Ms. Angela Nash: angela.nash@ubc.ca

Events and Opportunities for Indigenous Mentors/Students

- **UBC Vancouver Indigenous Portal**, your pathway to learning about UBC's commitment to Indigenous engagement at its Vancouver campus and an information resource for Indigenous students, faculty and the wider community. Here is the address: <https://indigenous.ubc.ca/>
- **Indigenous Veterans Day**, is observed in Canada on November 8, in recognition of Indigenous contributions to military service, particularly in the First World War, Second World War and the Korean War. <https://vpfo.ubc.ca/2021/11/commemorating-indigenous-veterans-day/>
- **Musqueam Day and the Guerin decision** Every year, Musqueam acknowledges November 1 as Musqueam Day – a holiday to celebrate the strength and determination of our ancestors to seek justice and protection of our inherent rights. <https://www.musqueam.bc.ca/musqueam-day-2021/>
- **Decolonizing Gender and Sexual Diversity: Activism and Healing Across Generations Event Description:** This presentation will begin by taking a foundational look at the impacts of colonial erasure on gender and sexual diversity within Indigenous communities across Turtle Island. We'll then shift to explore some of the radical healing and activist work being led by Two-Spirit and Indigiqueer kin, holding up the work of community leaders and movements across time. **Sign up [here](#).**

Training opportunities for mentors:

- Each month we will feature a different resource designed to help mentors perfect their practice and better support their mentees.
- This month's feature - engaging low/nonresponsive mentees. Below are some resources for getting your less-than enthusiastic mentee on board with the program:
 - [Mentor Quick Tips for Mentee Engagement.](#)
 - [ReMBC's guide for What to do if your mentee falls behind or stops responding.](#) Login to MentorCity to view.
 - Find our full list of mentoring resources in your [Mentor Training and Resources Portal](#) on Mentorcity (login to view).
 - Have an area you need support in? Let us know and we will feature it in an upcoming newsletter (or at the very least we will help you out individually): e.mentoring@ubc.ca
- Peer-support opportunities for mentors:
 - Email us to join our Mentor Mingle group: e.mentoring@ubc.ca
 - Ask for/give advice in our Mentor Advice Forum [Google doc](#)

Thanks for reading the newsletter. For any questions or concerns, please don't hesitate to reach out to us at: e.mentoring@ubc.ca

Happy mentoring everyone!

The eMentoring Team